

YOUTH FOR CHRIST

PRAYER GUIDE

Seven Days of Prayer • Hebrews • Faith • Endurance • Mission

“Fix your eyes on Christ and hold fast.”

A prayer resource shaped by the YFC Hebrews study guide and the testimonies of YFC members.

How to Use This Prayer Guide

This guide turns the seven-day Hebrews study into a practical prayer journey for Youth for Christ. The Hebrews material is organized around the letter's argument: Christ is superior, believers are called to hold fast, and faith must become endurance and practical Christian living. The YFC testimonies also highlight prayer, fellowship, purpose, spiritual growth, confidence, provision, and standing together as a community.

Suggested daily rhythm:

- Read the day's Scripture passage slowly.
- Reflect on the focus and key themes.
- Pray through the prayer points, allowing room for personal and group prayer.
- Pray specifically for YFC members, leaders, families, schools, communities and the mission of reaching young people for Christ.
- End by writing one thing you are trusting God for and one action you will take.

YFC Prayer Focus

Day	Main Prayer Focus
1	Christ at the centre — revelation, salvation and spiritual alertness
2	Faithfulness and God's rest — overcoming unbelief and hardened hearts
3	Spiritual maturity and steadfast hope
4	Christ our High Priest — intercession and a holy people
5	The New Covenant — access to God and transformed hearts
6	The finished work — confidence, unity, endurance and holding fast
7	Faith, purpose, mission and practical Christian living

DAY 1 — CHRIST AT THE CENTRE

Scripture: Hebrews 1:1–2:18

Focus: Christ is God’s final Word, superior to angels, and fully shares our humanity to save us.

Prayer Points

1. Thank God for speaking through His Son and for making Christ central to our faith.
2. Pray that YFC members will know Christ deeply rather than merely knowing about Him.
3. Pray against spiritual drifting, neglect and anything that causes young people to lose focus on Christ.
4. Pray for young people who are searching for salvation, identity and purpose, that they will encounter Christ.
5. Pray that YFC will remain a Christ-centred movement whose passion is to bring people to Jesus.
6. Pray for mercy, strength and spiritual sensitivity among YFC leaders and members.

Scriptures to Pray Through

- Hebrews 1:1–3
- Hebrews 2:1–4
- Hebrews 2:10, 17–18

DAY 2 — FAITHFULNESS AND GOD'S REST

Scripture: Hebrews 3:1–4:13

Focus: Christ is greater than Moses; the wilderness generation warns us against unbelief and hardened hearts.

Prayer Points

7. Ask God to give YFC a heart that remains responsive to Him today.
8. Pray against unbelief, spiritual hardness and patterns of drifting away from God.
9. Pray that young people will not postpone obedience or assume there will always be a better time to respond to God.
10. Pray for spiritual rest and stability in the lives of YFC members who are carrying pressure, uncertainty or discouragement.
11. Pray that God's Word will search hearts, correct what needs correction and strengthen what is weak.
12. Pray for YFC fellowship to help members encourage one another rather than walk alone.

Scriptures to Pray Through

- Hebrews 3:1–6
- Hebrews 3:7–19
- Hebrews 4:1–13

DAY 3 — SPIRITUAL MATURITY AND HOPE

Scripture: Hebrews 5:1–6:20

Focus: The call is to move beyond spiritual immaturity and remain anchored in God's unchangeable promise.

Prayer Points

13. Pray for YFC members to grow from spiritual infancy into maturity.
14. Ask God to develop disciplined readers of Scripture, people of prayer and believers who can encourage and teach others.
15. Pray for those who feel spiritually tired or dull, that they will be renewed and strengthened.
16. Pray for steadfastness when faith is tested and for courage to continue rather than shrink back.
17. Thank God for the anchor of hope found in His promise and oath.
18. Pray that YFC retreats, teachings, prayer meetings and fellowship will produce lasting transformation rather than temporary excitement.

Scriptures to Pray Through

- Hebrews 5:11–14
- Hebrews 6:4–12
- Hebrews 6:13–20

DAY 4 — CHRIST OUR HIGH PRIEST

Scripture: Hebrews 7:1–28

Focus: Christ's priesthood is permanent; He always lives to intercede for those who come to God through Him.

Prayer Points

19. Thank Jesus for His continuing intercession and for the access believers have to God through Him.
20. Pray that YFC members will learn to bring their personal, family and community concerns before God.
21. Pray for YFC intercessors and prayer partners to remain faithful and compassionate.
22. Pray for those asking God for healing, provision, direction or breakthrough, and for grace to trust God with the outcome.
23. Pray for holiness, integrity and spiritual strength among YFC leaders and servants.
24. Ask God to raise young people who will stand in prayer for others and carry the needs of their generation before Him.

Scriptures to Pray Through

- Hebrews 7:20–25
- Hebrews 7:26–28

DAY 5 — THE NEW COVENANT AND ACCESS TO GOD

Scripture: Hebrews 8:1–9:28

Focus: Christ is High Priest of a better covenant and brings believers into the presence of God through His once-for-all work.

Prayer Points

25. Thank God for the better covenant and the access to His presence described in Hebrews.
26. Pray for transformed hearts and for God's Word to become deeply established within YFC members.
27. Pray that YFC gatherings will cultivate genuine relationship with God, not empty religious routine.
28. Pray for young people who feel distant from God to discover that Christ provides the way to draw near.
29. Pray that YFC will remain grounded in Scripture while growing in prayer, worship and fellowship.
30. Pray for every retreat, overnight, service and prayer gathering to point people toward Christ and deeper commitment to Him.

Scriptures to Pray Through

- Hebrews 8:6–13
- Hebrews 9:11–14
- Hebrews 9:23–28

DAY 6 — THE FINISHED WORK: HOLD FAST

Scripture: Hebrews 10:1–39

Focus: Because Christ's sacrifice is finished, believers are called to draw near, hold fast, encourage one another and endure.

Prayer Points

31. Thank God for the finished work of Christ and the confidence it gives believers to draw near.
32. Pray that YFC members will hold firmly to their faith when facing pressure, disappointment or opposition.
33. Pray for unity and genuine encouragement within the YFC family.
34. Pray that YFC will not neglect meeting together, praying together and stirring one another toward love and good works.
35. Pray for members who have faced discouragement, rejection, persecution or seasons of low attendance, asking God for renewed courage.
36. Pray for endurance: that the movement will remain faithful to Christ and the mission entrusted to it.

Scriptures to Pray Through

- Hebrews 10:19–25
- Hebrews 10:32–39

DAY 7 — FAITH, ENDURANCE, PURPOSE AND MISSION

Scripture: Hebrews 11:1–13:25

Focus: Faith produces endurance, keeps our eyes on Jesus, and shapes practical Christian life and service.

Prayer Points

37. Thank God for every testimony of transformation, prayer and spiritual growth within YFC.
38. Pray for YFC members to develop faith that acts, perseveres and continues trusting God.
39. Ask God to help young people discover their identity, purpose and responsibility as Christians.
40. Pray that YFC will continue knowing Christ and making Him known, with a heart for soul winning and the nations.
41. Pray for confidence in young people who struggle with fear, insecurity or stage fright, that they will faithfully use opportunities to serve.
42. Pray for a strong spiritual family marked by hospitality, encouragement, accountability, contentment and praise.
43. Pray for YFC's future: wisdom for leaders, faithful service, healthy growth and continued impact among young people.

Scriptures to Pray Through

- Hebrews 11:1–6
- Hebrews 12:1–3
- Hebrews 13:1–19
- Hebrews 13:20–21

A Prayer for YFC

Lord Jesus, keep Youth for Christ centred on You. Make us faithful, prayerful and courageous. Grow us from spiritual immaturity into maturity. Help us hold fast when life is difficult, encourage one another, and remain committed to knowing You and making You known. Give us hearts for young people, for our communities and for the nations. Strengthen our leaders, deepen our fellowship, and let our lives reflect the transformation You are working in us. May our prayer meetings, retreats, teachings, services and everyday lives continually point people to Christ. Amen.

YFC Prayer Themes from Our Testimonies

The YFC testimonies provide concrete areas for continued prayer. They describe a movement that has seen growth through prayer, retreats, fellowship, teaching, service and personal transformation. They also show members bringing family concerns, provision, confidence, purpose and spiritual growth before God.

1. Prayer and Intercession

Pray for a deeper culture of consistent prayer, including midnight prayer and intercession, and for members to keep standing with one another in prayer.

2. Salvation and Spiritual Awakening

Pray for young people who are spiritually passive, distant or simply going through religious routine to encounter Christ and take their relationship with God seriously.

3. Identity and Purpose

Pray that young people discover who they are, why they were created and how they can live out their responsibility as Christians.

4. Unashamed Witness

Pray for courage to share the Gospel and for YFC to continue making Christ known among young people.

5. Spiritual Family

Pray for YFC to remain a place of love, connection, encouragement, accountability and belonging.

6. Confidence to Serve

Pray for members who struggle with insecurity, fear or stage fright to grow in confidence and faithfully use opportunities to serve God.

7. Healing and Family Needs

Pray for members who bring personal and family concerns to the YFC community, trusting God for His help and care.

8. Provision

Pray for students and families facing financial needs, asking God for wisdom, provision and grace.

9. Spiritual Gifts and Growth

Pray for members to grow in spiritual maturity and to faithfully steward the gifts and opportunities God gives them.

10. The Future of YFC

Pray for faithful leadership, healthy growth, unity and continued impact as YFC develops from fellowship into a movement reaching young people.

The Five Warnings in Hebrews — Prayer Checkpoints

The study guide identifies five warning passages. They can be used as checkpoints for prayer, self-examination and mutual encouragement.

Passage	Warning	Prayer emphasis
Hebrews 2:1–4	Drifting away	Pray for attentiveness and faithfulness rather than neglect.
Hebrews 3:7–4:13	Hardened hearts	Pray for responsive hearts, belief and entering God’s rest.
Hebrews 5:11–6:12	Falling away	Pray for spiritual maturity, perseverance and hope.
Hebrews 10:19–39	Shrinking back	Pray for confidence, endurance and holding fast.
Hebrews 12:14–29	Refusing Him who speaks	Pray for reverence, obedience and faithful response to God.

Closing Reflection

After completing the seven days, read Hebrews 1–13 in one sitting. Reflect on the repeated call to fix your eyes on Christ, hold fast, live by faith and continue in endurance. Then ask: What is God calling me to change, continue, surrender or begin?

Source Basis

This prayer guide was developed from the supplied YFC Hebrews study materials and the supplied Youth for Christ testimonies, impact and journeys. The prayer points are a prayer-oriented adaptation of the themes in those materials.